

Mickleover Primary School

		Meaty Main	Veggie Express	Carbs	Market Vegetables	Deli Special	Sandwiches	Yummy Puddings
W1  6th June 27th June 18th July 12th September 3rd October	Mon	Big Breakfast★	Veggie Big Breakfast★	Hash Browns	Baked Beans and Tomato	Egg Mayo Baguette***★	Ham or Cheese Sandwich***	Chocolate or Strawberry Milkshake with Popcorn
	Tue	Tuna Pasta Bake	Macaroni Cheese★	Garlic Bread**&***	Peas and Sweetcorn	Jacket Potato with Cheese and Beans or Chicken Mayo	Ham or Cheese Sandwich***	Flapjack
	Wed	Honey Roast Gammon with or without Pineapple and Gravy★	Roast Quorn Braised in Gravy	Mashed Potatoes and Yorkshire Pudding	Cauliflower, Carrots and Cabbage	Pasta with Tomato and Basil Sauce with or without Cheese★	Ham or Cheese Sandwich***	Chocolate Brownie
	Thu	Coconut Chicken Curry	Vegetable Samosas with or without Mint Yoghurt Dip★	Rice and Naan Bread	Peas and Sweetcorn	Salmon Pasta Bake	Ham or Cheese Sandwich***	Cornflake Tart with Custard★
	Fri	Fishcake★	Vegan Sausage Roll★	Chips	Baked Beans or Mushy Peas	Sausage Roll★	Ham or Cheese Sandwich***	Fruit Jelly (Vegetarian option available)★
W2  13th June 4th July 1st September 19th September 10th October	Mon	Chicken Bites with or without Katsu Curry/ Sweet and Sour Sauce★	Vegan Bites with or without Katsu Curry/Sweet and Sour Sauce	Rice	Green Beans and Sweetcorn	Jacket Potato with Tuna Mayo and Cheese	Ham or Cheese Sandwich***	Fresh Fruit Salad
	Tue	Cheese and Tomato Bagel Bite	Pasta with Tomato Sauce with or without Cheese and Bacon	Potato Wedges	Corn on the Cob or Mixed Vegetables	Tuna Mayo Melt***	Ham or Cheese Sandwich***	Natural Greek Yoghurt with Strawberry Compote and Meringue
	Wed	Roast Chicken with Gravy★	Roast Vegan Fillet with Gravy	Roast Potatoes and Yorkshire Pudding	Mixed Vegetables	Ham and/or Cheese Croissant***★	Ham or Cheese Sandwich***	Sugar Ring Doughnuts★
	Thu	Beef Lasagne★	Pasta with Tomato Sauce★	Garlic Bread**&***	Broccoli, Peas and Carrots	Jacket Potato with Cheese and Beans or Tuna Mayo	Ham or Cheese Sandwich***	Apple Crumble and Custard
	Fri	Fish Fingers with Tartare /Katsu Curry Sauce★	Cheese Toasty***★	Chips	Baked Beans or Peas	Ham and Cheese Toasty***★	Ham or Cheese Sandwich***	Ice Cream Roll Chocolate or Raspberry Ripple★
W3  20th June 11th July 5th September 26th September 17th October	Mon	Organic Beef Burger with or without Cheese★	Quorn Burger with or without Cheese	Potato Wedges	Carrots and Sweetcorn	Cheese and Bean Melt***★	Ham or Cheese Sandwich***	Peaches and Cream
	Tue	Pork Meatballs with or without Tomato Sauce and/or Cheese★	Quorn Meatballs with or without Tomato Sauce and/or Cheese	Pasta and Garlic Bread**&***	Carrots and Cabbage	Jacket Potato with Cheese and Beans or Tuna Mayo	Ham or Cheese Sandwich***	Chocolate Chip Cookies
	Wed	Butter Chicken Curry	Quorn Tikka Masala	Rice and Naan Bread***	Broccoli, Peas and Carrots	Meatball/Quorn Meatball Sub***	Ham or Cheese Sandwich***	Carrot Cake
	Thu	Pork Sausages with Gravy★	Quorn Sausages with Gravy	Mashed Potatoes and Yorkshire Pudding	Broccoli, Peas and Cabbage	Pasta with Tomato Sauce with or without Cheese	Ham or Cheese Sandwich***	Scones
	Fri	Battered Fish★	Cheese Panini***★	Chips	Mushy Peas, Spaghetti Hoops and Curry Sauce	Ham and Cheese Panini***★	Ham or Cheese Sandwich***	Jammy Doughnuts★

Did you know, here at Mickleover we have **Home Baked Breads, Salad Bar, Fresh Fruit** and chilled drinks are also available daily.

We're committed to using a minimum of 5% **organic produce!**

Oh and all of the tasty fish has been caught sustainably and approved by the MSC.

Menu may be subject to change without prior notice

Fresh fruit and vegetables are subject to seasonal variation

Don't forget about our **Themed Menu**

